

Essential Oils in Some *Stachys* Species growing in Hungary

E. Radnai, Á. Dobos, K. Veres, I. Máthé, G. Janicsák G. Blunden
L. Tóth Institute of Ecology and School of Pharmacy and
Institute of Pharmacognosy, Botany of the Hung. Biomedical Sciences,
University of Szeged, H-6720 Acad. Sci., Vácrátót, H- University of Portsmouth,
Eötvös str. 6. Hungary, 2163 Alkotmány str. 2. Portsmouth, U.K.
Hungary

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Abstract

The volatile oil compositions of five *Stachys* species (*Stachys officinalis* L., *St. grandiflora* Host., *St. byzantina* Koch., *St. germanica* L. and *St. sylvatica* L.) have been studied using a GC/MS technique. All species gave low yields of oil. From *St. officinalis* 38 compounds were separated and partly identified, from *St. grandiflora* 24, *St. byzantina* 30, *St. germanica* 29 and *St. sylvatica* 43. All the samples contained *o*-ocymene, β -phellandrene, γ -terpinene, linalool, trans- and cis-pinocamphone, β -caryophyllene, δ -cadinene and α -cadinol. The steam distilled oils were poor in mono- but rich in sesquiterpenes. Some of the sesquiterpenes, like germacrene D, epi-cubebol, and α - and γ -muurolene are reported in *Stachys* species for the first time. The iridoids, harpagide and 8-O-acetyl-harpagide, were identified by TLC in the MeOH extracts of *St. sylvatica*, *St. byzantina*, *St. officinalis* (*Betonica officinalis*) and *Betonica serotina*. Taking other chemical constituents also into account *Stachys* species seem to be similar to those of the subfam. Lamioideae (according to Erdtman's classification).

INTRODUCTION

In the course of our systematic chemotaxonomic investigation of the family Lamiaceae (Máthé et al., 1993), we have found the genus *Stachys* especially interesting for detailed study not only as it is the second largest genus of the family, but also as its chemistry is little known. There exist some uncertainties both in the place of the genus in the family and in the distinction between the genera *Stachys* and *Betonica*.

The family Lamiaceae has been classified in different ways by Briquet, Bentham, Erdtman, and Cantino and Sanders (Cantino and Sanders, 1986) and, more recently by Cantino, Harley and Wagstaff (1992). Unlike Erdtman's system, Bentham and Briquet, in their eight subfamilial (Bentham named 'tribes') system, regard the genus *Stachys* as a member of the subfam. Stachyoideae (tribe Stachydeae in Bentham's system), which has morphological features characteristic of the subfam. Lamioideae in Erdtman's two subfamilial system. On the basis of literature, *Stachys* species contain iridoids and caffeic acid, lack rosmarinic acid, but yield essential oils. So, from chemical viewpoints, this genus may be a member of Erdtman's subfam. Lamioideae (Cantino and Sanders, 1986, Máthé, et al., 1993, Hegnauer, 1996,1990). The genus also shows some characteristics with regard to flavonoid contents (Kotsos, 2000; Skaltsa, 2000; Barberan, 1988; Skaltsa et al., 1999; Adams 1995).

To verify some of these points, five *Stachys* species, either native to or easily cultivated in Hungary, have been studied. These are *Stachys officinalis* (L.) Trevis. (*Betonica officinalis* L.), *St. grandiflora* Host., *St. byzantina* Koch., *St. germanica* L. and *St. sylvatica* L. The rightness of the segregation of *Stachys officinalis*, as *Betonica officinalis*, from the genus *Stachys* is also discussed.

MATERIALS AND METHODS

Plants were cultivated in the experimental field of the Research Institute of Ecology and Botany of the Hungarian Academy of Sciences (at Vácrátót, 40 km north of

Budapest)

Fresh plant material (30 g) was gathered for steam distillation. As the oil content was low, it was distilled into n-hexane as an absorbing medium. The oil composition was measured by GC/FID (HP 5890 Series II, capillary column HP-5 30 m, gradient temperature program: from 60 °C to 210 °C then 210-250 °C, by 3 °C/min and 5 °C/min, resp., carrier gas: N₂) and GC/MS (ion trap instrument: Finnigen GCQ, MS detector, column: DB-5MS, 30 m, the other main parameters as above, carrier gas: He). Among others, Kováts indexes were used, for the identification of the compounds (11). Some data on non-volatile components, like ursolic (UA), oleanolic (OA), rosmarinic (RA) and caffeic acids (CA) were also evaluated from a MeOH extract of dried plant material (Janicsák and Máthé, 1998).

Iridoids were extracted from the freshly harvested and separated plant materials. Approx. 2 g of fresh plant, mixed with CaCO₃, was extracted with 70 % MeOH in an ultrasonic extractor. Then the mixture was filtered through a layer of Al₂O₃ and made up to 20 ml. From this solution, 20 µl was examined in the presence of harpagide and 8-O acetyl-harpagide by TLC, using ready-made Kieselgel plates (Merck). The development solvent system, used routinely, was CH₂Cl₂ - MeOH - H₂O (32 + 11 + 1.6)

The compounds were visualised with anisaldehyde (in H₂SO₄) and measured at 520 nm using a Shimadzu densitometer.

RESULTS AND DISCUSSION

- All the species contained essential oil but, in all cases, in very small amount. From *Stachys officinalis* (*Betonica officinalis*) 38 compounds were separated, from *St. grandiflora* 24, *St. byzantina* 30, *St. germanica* 29 and *St. sylvatica* 43 (Table 1).
- The sesquiterpene contents were, in all cases, much more than those of the monoterpenes in the oil fractions. With the exception of *St. byzantina*, the monoterpene fractions were between 4.2-6.4 % of the total oil, whereas with *St. byzantina*, this fraction reached 20 % (Table 1).
- All the samples contained ortho-cymene, β-phellandrene, γ-terpinene, linalool, trans- and cis-pinocamphone, β-caryophyllene, δ-cadinene, α-cadinol and ethyl hexadecanate (Table 1).
- The monoterpenes detected did not show significant differences from those of Nepetoideae species with high contents of volatile terpenoids.
- Comparing the main iridoid components in the samples obtained from the methanolic extracts of dried drugs, harpagide was found in all the *Stachys* samples, but not in the *Betonica* species investigated. In these, only a 'black spot' was detected with the same R_f value as harpagide. However, the *Betonica* species contained 8-O-acetyl-harpagide, which was not present in the *Stachys* samples. This difference in the iridoid content suggests that *Stachys* and *Betonica* species are different and *St. officinalis* (*Betonica officinalis* L.) seems to be closer to *Betonica serrotina* Host. than to the other *Stachys* species investigated. Our investigations substantiate the opinion of others who regard these three 'species' as one. However, further study of the occurrence of iridoids needs to be undertaken.
- As far as the concentration of iridoids in the organs is concerned, it is an interesting observation that in the stem relatively high amounts can be found, with less in the leaf and, in all cases, the least in the inflorescence. In other iridoid-containing species, like *Galium* sp. it is on the contrary (Máthé et al., 1988). It is also necessary to carry out more studies about the accumulation pattern before generalisations can be made (Table 2).

If we take into consideration some additional measured parameters, like ursolic/oleanolic acids, rosmarinic and caffeic acids, betaines (glycinebetaine, stachydrine, hydroxystachydrine and trigonelline) and choline (Table 3), it can be concluded that *Stachys* species are more similar to the species of subfam. Lamioideae than to those of subfam. Nepetoideae. Consequently, our investigations have confirmed

the place of *Stachys* in the subfam. Lamiioideae, as was suggested by Cantino and Sanders (1986) and Cantino, Sanders and Wagstaff (1992).

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Tables

Table 1. Ratios (%) of chemical constituents in steam distillates of *Stachys* species

A. Monoterpenes

KI	Components	<i>Stachys officinalis</i>	<i>Stachys grandiflora</i>	<i>Stachys byzantina</i>	<i>Stachys germanica</i>	<i>Stachys sylvatica</i>
		St. off.	St. grand.	St. byz.	St. ger.	St. sylv.
931	α -thujene		tr			
939	α -pinene		tr			
953	camphene	0.30	tr			
967	verbenene	Tr	tr			
976	sabinene	4.69	1.07	12.02	1.48	4.27
980	β -pinene	0.01	0.60	0.08	0.12	
1018	α -terpinene		tr			
1022	o-cymene	tr	0.23	tr	tr	tr
1031	β -phellandrene	tr	0.29	tr	4.76	tr
1040	cis-ocimene	tr	0.23	tr	tr	tr
1043	benzene-acetaldehyde					tr
1050	trans-ocimene	tr	tr	tr	tr	
1062	γ -terpinene	tr	tr	tr	tr	tr
1098	linalool	0.43	0.14	tr	0.03	0.16
1102	α -thujone			tr	0.05	
1140	cis-verbenol					tr
1160	t-pinocamphone	0.33	0.59	4.80	tr	tr
1165	borneol					tr
1173	cis-pinocamphone	0.65	1.08	3.76	tr	tr
1190	methyl salicylate				tr	
1192	dihydro-carveol	tr				tr
1194	myrtenol		tr	0.07		
1200	t-dihydrocarvone			tr		
1298	carvacrol					tr
	Total:	6.41	4.23	20.73	6.44	4.43

Table 1. (continued) Ratios (%) of chemical constituents in steam distillates of *Stachys* species. B. Sesquiterpenes and other volatile components. .

	St. off.	St.grad.	St.byz.	St. ger.	St. sylv
1351 α -cubebene	tr		tr		tr
1356 eugenol	tr		tr	tr	tr
1372 α -ylangene	tr				tr
1376 α -copaene	2.03		tr	0.11	tr
1384 β -bourbonene	2.77			0.17	0.55
1391 β -elemene	9.98		1.32	0.57	0.88
1418 β -caryophyllene	0.87	5.10	0.21	0.24	1.30
1432 β -gurjunene	tr		0.17	0.27	1.10
1439 α -guainene	tr				
1439 aromadendrene		10.63	0.08		0.45
1454 α -humulene	0.22				
1458 trans- β -farenzene				1.98	
1473 γ -gurjunene	0.33				
1477 γ -muurolene			0.16		1.13
1480 γ -curcumene		16.90			tr
1480 germacrene D	3.70		20.99	7.32	33.09
1493 viridiflorene		tr			
1493 epi-cubebol		11.17	0.34		1.31
1495 α -selinene	tr	0.12			1.04
1491 valencene	46.13	7.92		0.06	
1499 α -muurolene			1.98		2.42
1513 γ -cadinene	1.40			tr	tr
1524 δ -cadinene	1.67	1.35	0.35	0.13	2.42
1542 α -calcarone	tr				tr
1556 germacrene B					tr
1563 β -calcarone	tr				tr
1576 spatulenol	0.50		0.23	0.48	1.42
1581 caryophyllene-oxide	0.52			0.57	1.46
1584 β -copaen-4- α -ol	tr				5.80
1590 viridiflorol	tr				1.41
1606 humulene-epoxide	tr	0.67			0.24
1630 α -acorenol					tr
1642 cubenol					tr
1645 α -muurolol	1.47		tr	tr	0.23
1653 α -cadinol	1.49	0.41	0.74	tr	4.03
1672 valerianone			1.51		
1683 α -bisabolol			0.23		
1860 lanceol acetate				tr	
1891 epi-laurenene				0.20	
1927 methyl hexadecanoate			0.72		
1989 manoyloxide					tr
1993 ethyl hexadecanoate	3.15	14.18	17.22	32.73	4.45
2010 epi-13-manoyloxide					tr
2034 kaurene					tr
2056 manool					tr
2302 abietal					tr
Total:	76.23	68.45	46.25	20.73	64.73
In all (A+B tables)	82,65	72,52	66,97	61,01	66,73

Table 2. Iridoid content (dry wt %) of some *Stachys* species (Radnai et al., 2001)

	Leaf		Stem		Inflorescence	
	Harp.	8-O-Ac-Harp.	Harp.	8-O-Ac-Harp.	Harp.	8-O-Ac-Harp.
<i>St. sylvatica</i>	0.17		0.25		0.026	
<i>St. byzantina</i>	0.004		0.02		0.009	
<i>St. officinalis</i> (<i>Betonica officinalis</i>)		0.17		0.25		0.001
<i>Betonica serotina</i>		0.36		0.35		0.096

Harp.= Harpagide; 8-O-Ac-Harp.= 8-O-acetyl-harpagide

Table 3. Some characteristics of the genus *Stachys* and the subfamilies Lamioideae and Nepetoideae (Máthé et al., 1993; Blunden et al., 1996; Janicsák et al., 1999)

	Genus <i>Stachys</i>	Subfam. Lamioideae	Subfam. Nepetoideae
Ursolic/Oleanolic acids	0.003-0.011	0.003-0.19	0.066-1.43
Rosmarinic acid	0-0.031	0-0.037	0.003-0.062
Caffeic acid	0	0.017-1.07	0
Essential oils	in traces	in traces	rich in many species
Choline	0.004-0.065	0.001-0.11	0.001-0.11
Glycinebetaine	-	0.008-0.084 (6/24)	0.030-0.053 (6/75)
Trigonelline	0.010-0.087	0.004-0.13 (19/24)	0
Stachydrine	traces-1.29	traces-3.22 (19/24)	0
Hydroxy-stachydrine	0.98-1.10	0.21-1.69 (18/24)	0

Figures are % dry wt; in brackets (samples present/samples absent)